



# Addiction and Mental Health Recovery Peer Support Resource Guide

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## Addiction/Dual Recovery Peer Supports

### Peer Recovery Support Centers

**Update:** Many peer recovery support centers have started to open. They are open for in-person supports while following COVID safety guidelines. Contact the centers directly for the most current information.

Community-based Peer Recovery Support Centers are funded by the Department of Public Health. They give individuals with alcohol and/substance use disorder issues and/or families affected by addictions a place to both offer and receive support. These centers are mostly run by volunteers. Members help choose, plan, and run the activities offered. There are now 26 BSAS-funded centers throughout the Commonwealth, with an additional five to be funded. Below is a listing of current information on the Peer Recovery Support Centers as of February 2021.

### Western Massachusetts

#### Recover Project

**Update:** Recover Project has moved to hybrid programs. This included in-person and virtual meetings via Zoom. Please call or visit the Facebook page for the most current information ([www.facebook.com/theRECOVERProject](https://www.facebook.com/theRECOVERProject)).

Contact: Abbi Cushing, Program Director

68 Federal Street

Greenfield, MA 01301

Phone: (413) 774-5489, Ext. 103

Fax: (413) 774-6039

Email: [ACushing@wmtcinfo.org](mailto:ACushing@wmtcinfo.org)

Website: [www.recoverproject.org/](http://www.recoverproject.org/) or <https://www.facebook.com/TheRECOVERProject/>

#### Hope for Holyoke Recovery Support Center

##### **Update:**

The Center has moved to hybrid programs. This included in-person and virtual meetings via Zoom. Hope for Holyoke has many online support groups and meetings. Information is listed on the Facebook page (<https://www.facebook.com/HFHRC/>). For the most current information please check the Facebook page or call as hours are subject to change as safety guidelines are adjusted.

Contact: Deborah Flynn-Gonzalez, Director

100 Suffolk Street

Holyoke, MA 01040

Phone: (413) 561-1020 or (413) 296-6111

Email: [dflynn-gonzalez@gandaracenter.org](mailto:dflynn-gonzalez@gandaracenter.org)

Website: <https://www.gandaracenter.org/hopeforholyoke/> or <https://www.facebook.com/HFHRC/>

### **Valor Recovery Support Center**

**Update:** *The center has reopened with a limit to how many people can be in the building. Please call the center at (413) 320-3546. You can reserve a spot or get updates. Information on the Springfield Recovery Center's in-person and online meetings is posted on its Facebook page (<https://www.facebook.com/SpringfieldPeerRecoveryCenter/>).*

Program Director: Julie Gagne

Contact: Cassandra Valcourt, Outreach Coordinator,

Maria Lopez, Volunteer Coordinator

383 Worthington Street

Springfield, MA 01105

Phone: (413) 507-3635

Email: [cvalcourt@gandaracenter.org](mailto:cvalcourt@gandaracenter.org)

Website: <https://www.facebook.com/SpringfieldPeerRecoveryCenter/>

### **Living in Recovery**

Devon Peck, Director

81 Linden Street

Pittsfield, MA 01201

Phone: (413) 570-8243

Email: [Dpeck@servicenet.org](mailto:Dpeck@servicenet.org)

[Khuff@servicenet.org](mailto:Khuff@servicenet.org)

[Sdunham@servicenet.org](mailto:Sdunham@servicenet.org)

[Smanzella@servicenet.org](mailto:Smanzella@servicenet.org)

Website: <https://www.servicenet.org/services/addiction-services/living-in-recovery/> or <https://www.facebook.com/livinginrecoverypittsfield/>

### **Northampton Recovery Center**

Contact: Trevor Dayton, Outreach Coordinator

25 Armory St

Northampton, MA 01060

Phone: (413) 834-4127

Email: [tdayton@wmtcinfo.org](mailto:tdayton@wmtcinfo.org) or [info@northamptonrecoverycenter.org](mailto:info@northamptonrecoverycenter.org)

Website: <https://www.northamptonrecoverycenter.org/> or

<https://www.facebook.com/NRCrecovery>

### **Central Massachusetts**

#### **Everyday Miracles**

Contact: Michael Earielo, Program Director

25 Pleasant Street

Worcester, MA 01609

Phone: (774) 670-4622

Email: [Michael.earielo@spectrumsystems.org](mailto:Michael.earielo@spectrumsystems.org) or [everydaymiracles@spectrumsys.org](mailto:everydaymiracles@spectrumsys.org)

Website: <https://everydaymiraclesprsc.com/> or <https://www.facebook.com/EDMPeers/>

### **No One Walks Alone (NOWA)**

**Update:** NOWA is currently open and still holding hybrid meetings online. Please visit our app or website for more information!

Contact: Lori Hout, Program Director; Laura Hutchinson, Volunteer Coordinator

9 Spring Street

Whitinsville, MA 01588

Phone: (508) 266-0210

Email: [lhout@familycontinuity.org](mailto:lhout@familycontinuity.org); [lhutchinson@familycontinuity.org](mailto:lhutchinson@familycontinuity.org);

Website: <https://nowarsc.org/> and <https://www.facebook.com/NOWARSC>

App: <https://nowaedm.glideapp.io/>

### **Alyssa's Place**

**Update:** Alyssa's Place has re-opened, but many meetings are still hybrid. Please call or visit the website and Facebook page for the most current information.

297 Central Street

Gardner, MA 01440

Contact: Jackie Morse, Program Director

Phone: (978) 364-0920

Email: [jmorse@qaamha.org](mailto:jmorse@qaamha.org)

Website: <https://www.alyssasplace.org/> and <https://www.facebook.com/Alyssas-Place-Peer-Recovery-and-Resource-Center-1036671136361774>

## **Northeast Massachusetts**

### **New Beginnings Peer Recovery Center**

**Update:** The center is open by appointment for members and others who could need the center's resources. Check the current Facebook page for online meetings and other support.

Contact: Joanna Morillo, Program Director

487 Essex Street

Lawrence, MA 01840

Phone: (978) 655-3674

Fax: (978) 258-4355

Email: [joanna.morillo@spectrumhealthsystems.org](mailto:joanna.morillo@spectrumhealthsystems.org)

Website: <http://www.newbeginningsprc.org/> or

<https://www.facebook.com/LawrenceRecoveryCenter/>

### **Lowell Recovery Café**

**Update:** The Recovery Cafe' has reopened. They have limited capacity and are following COVID safety protocols. Please call the Recovery Cafe' or visit their Facebook group for the most up to date information.

Contact: Rich Hollett, Program Director

20 Williams Street

Lowell, MA 01852

Phone: (978) 677-6087

Email: [rhollett@lowellhouseinc.org](mailto:rhollett@lowellhouseinc.org)

Website: <https://www.lowellhouseinc.org/recovery-cafe> or <https://www.facebook.com/recoverycafelowell/>

## **Lynn Peer Recovery Support Center – Coming Soon**

### **The Bridge Recovery Center**

**Update:** *The Bridge Recovery Center has re-opened, but hybrid meetings on Zoom are still available. Please see the Facebook page for the most up to date information.*

Contact: Keriann Caccavaro, Program Director

239 Commercial St

Malden MA 02148

Phone: (781) 480-4937

Email: [KeriannCaccavaro@gavinfoundation.org](mailto:KeriannCaccavaro@gavinfoundation.org)

Website: <https://www.bridgerecoverycenter.org/> or

<https://www.facebook.com/MaldenRecovery>

## **Metro West Massachusetts**

### **The Recovery Connection**

**Update:** *The Recovery Connection has moved to hybrid programming. This includes in-person and virtual meetings. Please contact the Recovery Connection at (508) 485-0298 for the most current information.*

Contact: Brandon Tupper, Program Director

31 Main Street

Marlborough, MA 01752

Phone: (508) 485-0298

Fax: (508) 485-0312

Email: [brandon.tupper@spectrumhealthsystems.org](mailto:brandon.tupper@spectrumhealthsystems.org)

Website: <http://www.therecoveryconnection.org/> or

<https://www.facebook.com/TheRecoveryConnection.org/>

### **A New Way Recovery Center**

**Update:** *The center has reopened with a limited capacity. They are following COVID-19 safety guidelines. Please contact the New Way Recovery Center at (617) 302-3287 for the most current information.*

Contact: Warren Nicoli, Program Director

85 Quincy Avenue, Suite B

Quincy, MA 02169

Phone: (617) 302-3287

Fax: (617) 481-0324

Email: [wnicoli@baystatecs.org](mailto:wnicoli@baystatecs.org) or [ANewWayRC@baystatecs.org](mailto:ANewWayRC@baystatecs.org)

Website: <http://anewwayrecoveryctr.org/> or

<https://www.facebook.com/A-New-Way-Recovery-Center-447672198690167/>

### **Turning Point Recovery Center**

**Update:** *Turning Point Recovery Center is now open, but some meetings remain hybrid. Find up-to-date meeting information and other news on the Facebook page:*

<https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/>

Contact: Gerard Touchette, Outreach Coordinator

32 Common Street

Walpole, MA 02081

Phone: (508) 668-3960

Email: [gtouchette@baystatecs.org](mailto:gtouchette@baystatecs.org)

Website: <https://turningpointrecoverycenter.org/> or <https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/>

### **Framingham Recovery Center**

**Update:** *The Center is open for in-person activities by appointment only, and continues Zoom meetings. Please check the Facebook page or call (508) 424-2520 for the most current information.*

Contact: Amy Odell, Program Director

19 Concord St., Suite 1

Framingham, Ma 01701

Phone: (508) 424-2520

Email: [recoverycenter@smoc.org](mailto:recoverycenter@smoc.org)

Website: <https://www.smoc.org/framingham-recovery-support-center.php> or <https://www.facebook.com/Framingham-RecoveryCenter-113930353636134/>

## **Southeast Massachusetts**

### **Positive Individuals Engaged in Recovery (PIER) Recovery Center of Cape Cod**

**Update:** *PIER has re-opened with limited capacity. Please call the center at (508) 827-6150 for the most current information, to make an appointment. Zoom meetings available—see Facebook page.*

Shelby Silverson, Director

Contact: Erin Pierce, Peer Support Specialist

209 Main Street

Hyannis, MA 02601

Phone: (508) 827-6150

Email: [ssilverson@gandaracenter.org](mailto:ssilverson@gandaracenter.org) or [pierrecoverycenter@yahoo.com](mailto:pierrecoverycenter@yahoo.com)

Website: <https://www.facebook.com/pierrecovery/>

### **Stairway to Recovery**

**Update:** *A limited number of people can be inside at one time. Please call the center at (774) 257-5660 before coming in.*

Contact: Efrain Baez, Program Director

90 Main Street

Brockton, MA 02302

Phone: (774) 257-5660

Email: [ebaez@gandaracenter.org](mailto:ebaez@gandaracenter.org)

Website: <https://gandaracenter.org/stairway-to-recovery/> or <https://www.facebook.com/Stairway2Recovery>

**Peer2Peer Recovery Support Center**

**Update:** Center is open for in-person and/or Zoom. There is a 25-person limit. See the Facebook page for information.

Contact: Mike Bryant, Director

175 North Main Street

Fall River, MA 02720

Phone: (508) 567-5086

Email: [mbryant@steppingstoneinc.org](mailto:mbryant@steppingstoneinc.org)

Website: <http://www.steppingstoneinc.org/p2p/> or <https://www.facebook.com/P2PRSC/>

**Martha's Vineyard Recovery Center**

**Update:** The center has reopened. There is a limit of 10 people at a time. For the most current information, please call the center at (508) 693-2900 or visit the Facebook page.

Contact: Jeremy Norton, Director

12 Beach Road

Oak Bluffs, MA 02557

Phone: (508) 693-2900

Website: <https://www.facebook.com/TheRedHouseMV>

**Plymouth Recovery Center**

**Update:** The Plymouth Recovery Center has reopened. There is a limit of 10 people at a time. For the most current information, please Dan Kelly at (256) 529-9062. Visit the Facebook page for daily updates.

Contact: Dan Kelly, Director

5 Main Street Extension

Plymouth, MA 02360

Phone: (774) 776-3515

Email: [dkelly2@gandaracenter.org](mailto:dkelly2@gandaracenter.org)

Website: <https://plymouthrecoverycenter.org/> or  
<https://www.facebook.com/PlymouthRecoveryCenter/>

**RISE Recovery Support Center**

**Update:** For the most current information, please contact the center at (774) 762-4431.

Jamie Casey, Director

Contact: Ozy Acevedo, Outreach/Educational Coordinator

497 Belleville Ave.

New Bedford, MA 02746

Phone: (774) 762-4431

Email: [Oacevedo@paaca.org](mailto:Oacevedo@paaca.org)

Website: <https://www.facebook.com/RISERecoverysupportcenter/>

## **Boston Area**

### **STEPRox Recovery Support Center**

**Update:** *All meetings are still being held remotely. For the most current information, please call or visit the Facebook page.*

Contact: Loretta Leverett, Program Director

153 Blue Hill Avenue

Roxbury, MA 02119

Phone: (617) 442-7837

Fax: (617) 445-3573

Email: [lleverett@northsuffolk.org](mailto:lleverett@northsuffolk.org)

Website: <http://northsuffolk.org/services/addiction-services/recovery-support/> or

<https://www.facebook.com/StepRoxRecoverySupportCenter/>

### **Devine Recovery Center**

**Update:** *The center is in the process of re-opening. Please see the website or Facebook group for the most up to date information.*

Contact: Dave Decourcey, Program Director

70 Devine Way

South Boston, MA 02127

Phone: (857) 496-7342

Fax: (857) 496-0177

Email: [DaveDecourcey@GavinFoundation.org](mailto:DaveDecourcey@GavinFoundation.org)

Website: <http://www.gavinfoundation.org/programs/devine-recovery-center> or

<https://www.facebook.com/DevineRecoveryCenter>

### **The Room to Grow Recovery Support Center (formerly St. Francis House Recovery Support Center)**

**Update:** *St. Francis House Recovery Support Center has changed its name to The Room to Grow Recovery Support Center and remains open to its members. Please call for the most up-to-date information.*

Efrain Lozada, Director

Contact: Darren Morgan, Member Engagement Coordinator, Jose Rodriguez, Operations Coordinator, or Luz Reyes, Community Outreach Coordinator

39 Boylston Street

Boston, MA 02116

Phone: Darren Morgan: (617) 654-1201

Email: [dmorgan@stfranchishouse.org](mailto:dmorgan@stfranchishouse.org) and [jrodriguez@stfranchishouse.org](mailto:jrodriguez@stfranchishouse.org),

[lreyes@stfranchishouse.org](mailto:lreyes@stfranchishouse.org) and [elozada@stfranchishouse.org](mailto:elozada@stfranchishouse.org)

## **Recovery on the Harbor**

**Update:** *Recovery on the Harbor is open and adhering to social distancing guidelines. Please check Facebook for the most up to date information.*

Contact: Rose Stone, Director

983 Bennington Street

East Boston, MA 02128

Phone: (617) 874-8046

Email: [rstone@northsuffolk.org](mailto:rstone@northsuffolk.org)

Website: <https://www.facebook.com/ROHEastBoston>

## **Other Recovery Community Centers/Organizations**

*The Boston Public Health Commission also funds the Safe and Sound Recovery Center. This provides peer-led support services. Those services include recovery coaching, support groups, peer leadership training opportunities, and more.*

### **Safe and Sound Recovery Center**

**Update:** *Safe and Sound Recovery Center is open. You must stay socially distant and wear masks.*

Contact: Douglas Lomax, Program Manager

774 Albany St., 2<sup>nd</sup> Floor, Room 207

Boston, MA 02118

Phone: (617) 534-2186

Hours: Monday–Friday, 8 a.m. – 5 p.m.

Open NA Meetings: Monday - Friday, 9 – 10 a.m.

Living Sober meetings Mondays and Wednesdays 1:15 – 2 p.m.

*A number of other recovery communities and organizations host recovery centers including the following:*

### **The Phoenix**

**Update:** *The Phoenix is a national active sober organization with local programs including a gym facility in Dorchester and satellite programs around the state.*

Contact: Amily Aspell, Program Coordinator

54 Newmarket Square

Boston, MA 02118

Phone: 857-239-8422

Email: [easpell@thephoenix.org](mailto:easpell@thephoenix.org)

Website: [www.thephoenix.org](http://www.thephoenix.org)

### **Opening the Word Peer Recovery Center**

**Update:** Please visit the website for more information about Opening the Word and the available in-person programming.

174 Main Street

PO Box 536

Webster, MA 01570

Contact: Rev. Janice Ford

Phone: 508-330-8073

Email: [pj20openingthewordwebster@gmail.com](mailto:pj20openingthewordwebster@gmail.com)

Website: [www.openingthewordwebster.com](http://www.openingthewordwebster.com) or

<https://www.facebook.com/OpeningtheWordWebster>

### **Restoration Recovery Center**

**Update:** Restoration Recovery Center Inc. is currently open. Please check the weekly schedule for updates on meetings and meetings held in the evening posted weekly on the center's website and Facebook page.

40 Fairmount Street

Fitchburg, MA 01420

Contact: Julia Armstrong

Phone: (978) 696-3181

Email: [julia@rrcifitchburg.com](mailto:julia@rrcifitchburg.com)

Website: [www.rrcifitchburg.com](http://www.rrcifitchburg.com) and <https://www.facebook.com/RRCIFitchburg/>

### **River to Recovery Center**

**Update:** For the most current information on in-person and Zoom meetings please see the Facebook page.

1507 Pleasant Street, Fall River, MA 02723

Contact: Kevin Doyle

Phone: (774) 704-5501

Email: [Kstar333@msn.com](mailto:Kstar333@msn.com)

Website: <https://www.riverrecovery.org/> and

<https://www.facebook.com/rivertorecoveryfr/>

### **South Shore Peer Recovery Center**

**Update:** Groups are currently being held in a hybrid model. For the most up-to-date information and scheduling, please visit the website.

51 Cole Parkway

Scituate, MA 02066

Contact: Mark Mulhern

Phone: (781) 378-0453

Email: [mmulhern@southshorepeerrecovery.com](mailto:mmulhern@southshorepeerrecovery.com)

Website: [www.southshorepeerrecovery.org](http://www.southshorepeerrecovery.org) and

<https://www.facebook.com/southshorepeerrecovery/>

### **Beacon Recovery Community Center**

**Update:** North Berkshire Community Coalition has reopened to the public. For the most up-to-date information on events and happenings, please visit the Facebook page at <https://www.facebook.com/nbccoalition>.

61 Main Street

Suite 218

North Adams, MA 01247

Contact: Stephen Barrow

Phone: (413) 663-7588

Email: [sbarrow@nbccoalition.org](mailto:sbarrow@nbccoalition.org)

Website: [www.nbccoalition.org/brcc.html](http://www.nbccoalition.org/brcc.html) and <https://www.facebook.com/nbccoalition>

### **North Quabbin Recovery Center**

**Update:** All meetings are now available both in-person and via Zoom. For the most up-to-date hours, news, and information, please visit the Facebook page at <https://www.facebook.com/NorthQuabbinRECOVERYcenter>

416 Main Street

Athol, MA 01331

Contact: Heather Bialecki-Canning

Phone: (978) 249-4989

Email: [heather@nqcc.org](mailto:heather@nqcc.org)

Website: <http://www.nqcc.org/nqrc.html> and

<https://www.facebook.com/NorthQuabbinRECOVERYcenter>

### **Ware Regional Recovery Center**

**Update:** For the most current information please visit the webpage: <https://qhsua.org/ware-regional-recovery-center/>

Contact: Abaigael Duda

Phone: (413) 277-5117

Email: [WareRRC@gmail.com](mailto:WareRRC@gmail.com)

Website: <https://qhsua.org/ware-regional-recovery-center/> and <https://www.facebook.com/WareRRC/>

## **Additional Substance Use Recovery Resources**

### **Dual Recovery Anonymous**

**Update:** Online and hybrid meetings are available, as well as limited in-person meetings for Clubhouse members.

Dual Recovery Anonymous™ (DRA) is a 12-step self-help program. It help individuals affected by an emotional or psychiatric disability. It also helps people with an alcohol or drug dependency or addiction. Its members help each other achieve dual recovery, prevent relapse, and carry the message of recovery to others.

The Massachusetts Clubhouse Coalition (MCC) has expanded the availability of DRA meetings throughout the state. They have a contract with the Massachusetts Behavioral Health Partnership (MBHP). There are now 50 DRA groups and substance awareness meetings in Massachusetts. A current schedule of meetings can be found on the link listed on the next page.

Dual Recovery Anonymous™ website: <http://www.draonline.org/>  
Current list of DRA meetings: <http://www.massclubs.org/dual-recovery-meetings/>  
More information on the MCC and DRA: <https://www.massclubs.org/dual-recovery-committee/>

### **Massachusetts Organization for Addiction Recovery (MOAR)**

The Massachusetts Organization for Addiction Recovery (MOAR) is a statewide organization of persons in recovery from addictions, families, and friends. They want to educate the public about the value of living in recovery. MOAR has a resource guide on addiction, recovery, and community resources. It also offers community education on recovery and recovery supports. MOAR uses its voice to educate policy makers and partners with treatment providers, stakeholders, and allies to remove barriers in the recovery process.

Contact: Maryanne Frangules, Executive Director  
105 Chauncy Street, 6<sup>th</sup> Floor  
Boston, MA 02111  
Phone: (617) 423-6627  
Fax: (617) 423-6626  
Email: [maryanne@moar-recovery.org](mailto:maryanne@moar-recovery.org)  
Website: <http://www.moar-recovery.org>

### **Family Resources**

Resources for those who have loved ones dealing with substance use disorder issues

#### **Learn to Cope**

**Update:** *All in-person meetings are postponed until further notice. For information on virtual support meetings via Zoom please visit <https://www.learn2cope.org/contacts/>. Please continue to check the website and Facebook page for the most current updates.*

Learn to Cope is a peer organization. They help family members and relatives who have loved ones dealing with substance use disorder issues. They offer resources and support through statewide weekly meetings.

Joanne Peterson, Executive Director  
Contact: Patty or Carrie  
4 Court Street, Suite 110  
Taunton, MA 02780  
Phone: (508) 738-5148  
Office hours: Monday through Friday, 9 a.m. - 4:30 p.m.  
Email: [ltc@Learn2cope.org](mailto:ltc@Learn2cope.org)  
Website: [learn2cope.org](http://learn2cope.org) or <https://www.facebook.com/Learn2Cope-257344120966186/>

## Online Resource for Persons Who Are Deaf or Hard of Hearing

### Deaf off Drugs and Alcohol (DODA):

<https://www.facebook.com/Deaf-Recovery-DODA-112334123604/>

## Mental Health Recovery Peer Supports

### The Transformation Center, dba Kiva Centers

Kiva Centers is a statewide, peer-run organization, which partners with the State of Massachusetts and community agencies to offer training, peer support, advocacy, and policy change to support individuals with their self-healing process related to trauma, mental health, emotional distress, and substance use experiences. The Kiva Centers has a vibrant peer community and holds the Certified Peer Specialist (CPS) training and certificate for Massachusetts. In addition, Kiva Centers operates an entirely peer-run respite, a 24-hour alternative to hospitalization, a Young Adult Access Center, and has led efforts to unite the peer support workforce in the Commonwealth in developing and promoting new curriculum, trainings and policy change to respond to the needs of our many communities.

Contact: Brenda Vezina, CEO/Executive Director

206 Southbridge Street

Auburn, MA 01501

Phone: 508-466-7117

Fax: (508) 751-9601

Email: [info@kivacenters.org](mailto:info@kivacenters.org)

Website: <https://kivacenters.org/>

## Recovery Learning Communities

Recovery Learning Communities (RLCs) are funded by DMH. RLCs are peer-run networks of self-help and support. They provide information and referral, advocacy, and training activities. Trainings are about recovery concepts and tools. They also hold advocacy forums and social and recreational events. RLCs also help persons with psychiatric disabilities to take charge of their own recovery process.

RLCs hope to create a change in culture. They would like to see traditional focus on symptoms change to promoting recovery, resilience, and wellness. RLCs work together with peer-run organizations and services, other mental health providers, other human service agencies, and the community. This group effort helps the mission of bringing communities together and showing respect for people with mental health conditions.

## **Wildflower Alliance (formerly known as the Western Mass Recovery Learning Community)**

**Update:** All Wildflower Alliance centers (Springfield, Holyoke, Greenfield, and Pittsfield) have stayed open with limited capacity. For up-to-date information of what's open, please visit their online calendar at: <https://wildfloweralliance.org/calendar/>

Contact: Sera Davidow, Director

199 High Street,

Holyoke, MA 01040

Phone: (413) 539-5941

Toll-Free: 1-866-641-2853

Fax: (413) 493-7810

Email: [info@wildfloweralliance.org](mailto:info@wildfloweralliance.org)

Website: <https://www.wildfloweralliance.org>

The Wildflower Alliance (WA) has four parts: peers supporting peers, alternative healing practices, advocacy, and learning and growth opportunities. Peer supports include a bridging team. They go into local jails and hospitals to support people transitioning back to the community. They offer a variety of trainings and events, including Career Initiative grants for individuals with small business ideas. Most recently, they have begun a new state-wide project called the Wild Ivy Social Justice Network. This will focus on reaching and raising up the voice of people who have been made to feel less because of their psychiatric history, their gender, sexual orientation, race, disability status, and other identities. These things can limit people's access to resources and full community participation.

*Wildflower Alliance Community Centers are located at:*

### **Holyoke Center**

Contact: Giselle Guillén-Martínez, Community Coordinator

199 High Street

Holyoke, MA 01040

Phone: (413) 539-5941

Toll-Free: 1-866-641-2853

Fax: (413) 493-7810

Email: [giselle@wildfloweralliance.org](mailto:giselle@wildfloweralliance.org)

Website: <https://wildfloweralliance.org/holyoke/>

### **Springfield Center (Bowen Resource Center)**

235 Chestnut Street

Springfield, MA 01103

Phone: (413) 372-5652

Website: <https://wildfloweralliance.org/springfield/>

**Pittsfield Center**

Contact: Jean-Marie, County Coordinator  
361 North Street  
Pittsfield, MA 01201  
Phone: (413) 464-9807  
Email: [jeanmarie@wildfloweralliance.org](mailto:jeanmarie@wildfloweralliance.org)  
Website: <https://wildfloweralliance.org/pittsfield/>

**Greenfield Center**

Contact: Calvin Moen, County Coordinator  
20 Chapman Street  
Greenfield, MA 01301  
Phone: (413) 772-0715  
Email: [calvin@wildfloweralliance.org](mailto:calvin@wildfloweralliance.org)  
Website: <https://wildfloweralliance.org/greenfield>

**Kiva Centers Community (formerly Central Mass RLC)**

Kiva Centers offers a space to find community and connection around experiences of mental health, trauma and healing. We are an entirely peer-led organization and we offer support groups on topics such as alternatives to suicide, grief, hearing voices, coping with anger, breaking cycles, as well as yoga, art, karaoke, into to writing and much more. We are free to the community, non-clinical and serve the Central Massachusetts area.

**Update:** *A wide variety of supports and resources such as yoga and Zumba, Hearing Voices Network, Alternatives to Suicide, have moved onto Zoom or are available by telephone. Please visit the calendar for scheduled events and the Facebook page for instructions on accessing online meetings: <http://www.kivacenters.org/calendar/> or <https://www.facebook.com/kivacenter/TheKivaCenter>*

The Kiva Center is open Mondays through Thursdays from 9 a.m. – 3:30 p.m. and Fridays from 12 –6 p.m.

Contact: Anna Lawler – Peer Support Facilitator Coordinator  
427 Main Street, Suite 3  
Worcester, MA 01601  
Phone: (508) 751-9600  
Fax: (508) 751-9601  
Email: [info@kivacenters.org](mailto:info@kivacenters.org)  
Website: [www.kivacenters.org](http://www.kivacenters.org) or <https://www.facebook.com/kivacenter/>

**Kiva South County Site**

*Please note that this site is only open on Mondays from 11 a.m. to 8 p.m.*

Contact: Jasmine Quinones – Director of South County and Multicultural Services  
346 Main Street  
Southbridge, MA 01550  
Phone: (508) 765-6670 or (508) 751-9600  
Email: [info@kivacenters.org](mailto:info@kivacenters.org)  
Website: <http://www.kivacenters.org/areas/south/>

**Additionally, Kiva support groups take place in the following communities:**

Fitchburg, Leominster, Gardner, Hudson: <http://www.kivacenters.org/areas/north/>  
South County area (Southbridge to Milford): <http://www.kivacenters.org/areas/south/>  
Natick, Marlborough: <http://www.kivacenters.org/areas/framingham/>

**For Young Adults:**

**Update:** *All in-person activities are currently cancelled. For information on virtual supports and activities, please visit <https://ziacenter.com/>.*

**Zia Young Adult Access Center**, a partnership between the Kiva Center and Open Sky, offers peer support and community and resource connections for young adults ages 16-22. More information is available in the Young Adult Resources section.

**Northeast Recovery Learning Community (RLC)**

**Update:** *Call-in support is available and telephone and online groups and supports are offered via Zoom and Facebook Live. See the website for what is currently offered including call-in times.*

Contact: Helina Fontes, NERLC Program Director  
20 Ballard Road

Lawrence, MA 01843

Telephone (V/TTY): (978) 687-4288, Ext. 149

Fax: (978) 689-4488

Email: [hfontes@nilp.org](mailto:hfontes@nilp.org) or [help@nilp.org](mailto:help@nilp.org)

Website: <https://www.nilp.org/nerlc/> or <https://www.facebook.com/nerlc> or  
<https://www.facebook.com/NortheastIndependentLivingProgram/>

*Northeast RLC Hubs are located at:*

**Essex North Hub/Northeast Independent Living Program**

Contacts: Mike Berggren, Essex North/Greater Lowell Hub Manager or

Lisa Rivard, Peer Specialist

20 Ballard Road

Lawrence, MA 01843

Telephone: (978) 687-4288, Ext. 131

Email: [mberggren@nilp.org](mailto:mberggren@nilp.org) or [lrivard@nilp.org](mailto:lrivard@nilp.org)

**Greater Lowell Hub**

Contact: Mike Berggren, Essex North/Greater Lowell Hub Manager or

David Carignan, Peer Specialist

35 John Street, 2<sup>nd</sup> Floor

Lowell, MA 01852

Telephone: (978) 687-4288, Ext. 200 or Ext. 140

Email: [mberggren@nilp.org](mailto:mberggren@nilp.org) or [dcarignan@nilp.org](mailto:dcarignan@nilp.org)

### **Greater Lynn Hub**

Contacts: Mike Berggren, Essex North/Greater Lowell Hub Manager  
or Rachely Ramos, Metro North/Acton Hub Manager

1 Market Street, Suite 203

Lynn, MA 01901

Telephone: (978) 687-4228, Ext. 140

Email: [mberggren@nilp.org](mailto:mberggren@nilp.org) or [rramos@nilp.org](mailto:rramos@nilp.org)

### **North Shore Area**

Contacts: Mike Berggren, Essex North/Greater Lowell Hub Manager  
or Rachely Ramos, Metro North/Acton Hub Manager

Telephone: (978) 687-4228, Ext. 140

Email: [mberggren@nilp.org](mailto:mberggren@nilp.org) or [rramos@nilp.org](mailto:rramos@nilp.org)

### **Acton Area**

Contact: Rachely Ramos, Metro North and Acton Hub Manager

Telephone: (978) 687-4288, Ext. 201

Email: [rramos@nilp.org](mailto:rramos@nilp.org)

### **Transition-Age Youth (TAY) Peer Support**

Contact: Rachely Ramos, Metro North and Acton Hub Manager

Location: Northeast Area Wide

Telephone: (978) 687-4288, Ext. 201

Email: [rramos@nilp.org](mailto:rramos@nilp.org)

### **Older Adult Peer Support**

Contact: Joanne Wolf, Older Adult Peer Specialist

Location: Northeast Area-Wide

Telephone: (978) 687-4288, Ext. 202

Email: [jwolf@nilp.org](mailto:jwolf@nilp.org)

### **Metro-Boston Recovery Learning Community (RLC)**

*Update: The Metro Boston RLC is currently offering online and conference call line peer support groups, as well as 1:1 peer support. Information is available at: <https://mbrlc.org>*

The Metro Boston Recovery Learning Community has five recovery centers and a peer support line (see listing under Peer Run Warm Lines). Metro Boston RLC Recovery Centers are located at:

#### **Boston Resource Center (BRC)**

Contact: Yuka Gordon, Director

85 East Newton Street, Ground Floor

Boston, MA 02118

Phone: (617) 875-4997

Fax: (617) 414-1975

Email: [info@metrobostonrlc.org](mailto:info@metrobostonrlc.org)

Website: <https://www.mbrlc.org/boston-resource-center>

### **Cambridge/Somerville Recovery Learning Center**

Contact: Janel Tan, Director  
61 Inner Belt Rd.  
Somerville MA 02143  
Phone: (617) 863-5388  
Email: [tanj@vinfen.org](mailto:tanj@vinfen.org)  
Website: <https://www.mbrlc.org/csrlc>

### **Peer Support Network**

Contact: Ruthie Poole, Assistant Director  
31 Bowker Street, 5<sup>th</sup> floor  
Boston, MA 02114  
Phone: (617) 788-1034 or Warm Number Mon.-Fri. 10:00-4:00, (857) 378-4997  
Email: [psn@baycove.org](mailto:psn@baycove.org) or [rpoole@baycove.org](mailto:rpoole@baycove.org)  
Website: <https://www.mbrlc.org/peer-support-network>

### **Hope Recovery Learning Center**

Contact: Julie Anne Entwistle, Center Coordinator  
The DMH Erich Lindemann Mental Health Center  
25 Staniford Street (plaza level)  
Boston, MA 02114  
Phone: (617) 912-7867  
Email: [jentwistle@northsuffolk.org](mailto:jentwistle@northsuffolk.org)  
Website: <http://www.metrobostonrlc.org/hope.html>

### **South East Recovery Learning Community (RLC)**

**Update:** *Online groups are available. See updated listings below for details on specific centers:*

Contact: Sandra Whitney Sarles, Director  
c/o 106 Bassett Lane  
Hyannis, MA 02601  
Phone: (774) 212-4519  
Email: [info@southeastrlc.org](mailto:info@southeastrlc.org) or [sandra.whitney-sarles@bmc.org](mailto:sandra.whitney-sarles@bmc.org)  
Website: <http://www.southeastrlc.org/>

*Community Connectors outreach to surrounding communities from each of the local centers listed below. South East RLC Recovery Centers are located at:*

#### **Fall River RCC**

**Update:** *Online groups are available. See the website for details.*

Contact: Niki Fontaine, Area Program Director  
649 Bedford Street  
Fall River, MA 02720  
Phone: (508) 675-3137  
Email: [fontainen@vinfen.org](mailto:fontainen@vinfen.org)  
Website: <https://www.southeastrlc.org/fall-river>

#### **Hyannis RCC**

**Update:** Online groups are available. See calendar link for details:

<http://www.southeastrlc.org/hyannis-calendar.html>

Contact: Danielle Blauner, Area Program Director

106 Bassett Lane

Hyannis, MA 02601

Telephone: (508) 815-5219

Email: [blaunerd@vinfen.org](mailto:blaunerd@vinfen.org)

Website: <https://www.southeastrlc.org/hyannis>

### **Brockton RCC**

**Update:** Virtual one to one support and online groups are available. See website for details.

Contact: Barbara DeCunzo, Area Program Director

730 Belmont Street

Brockton, MA 02301

Phone: (508) 857-0316

Email: [barbaradecunzo@bamsi.org](mailto:barbaradecunzo@bamsi.org)

Website: <https://www.southeastrlc.org/brockton>

### **Quincy RCC**

**Update:** Online groups are available. See website for schedule and details.

Contact: Emily Castro, Area Program Director

1458 Hancock Street

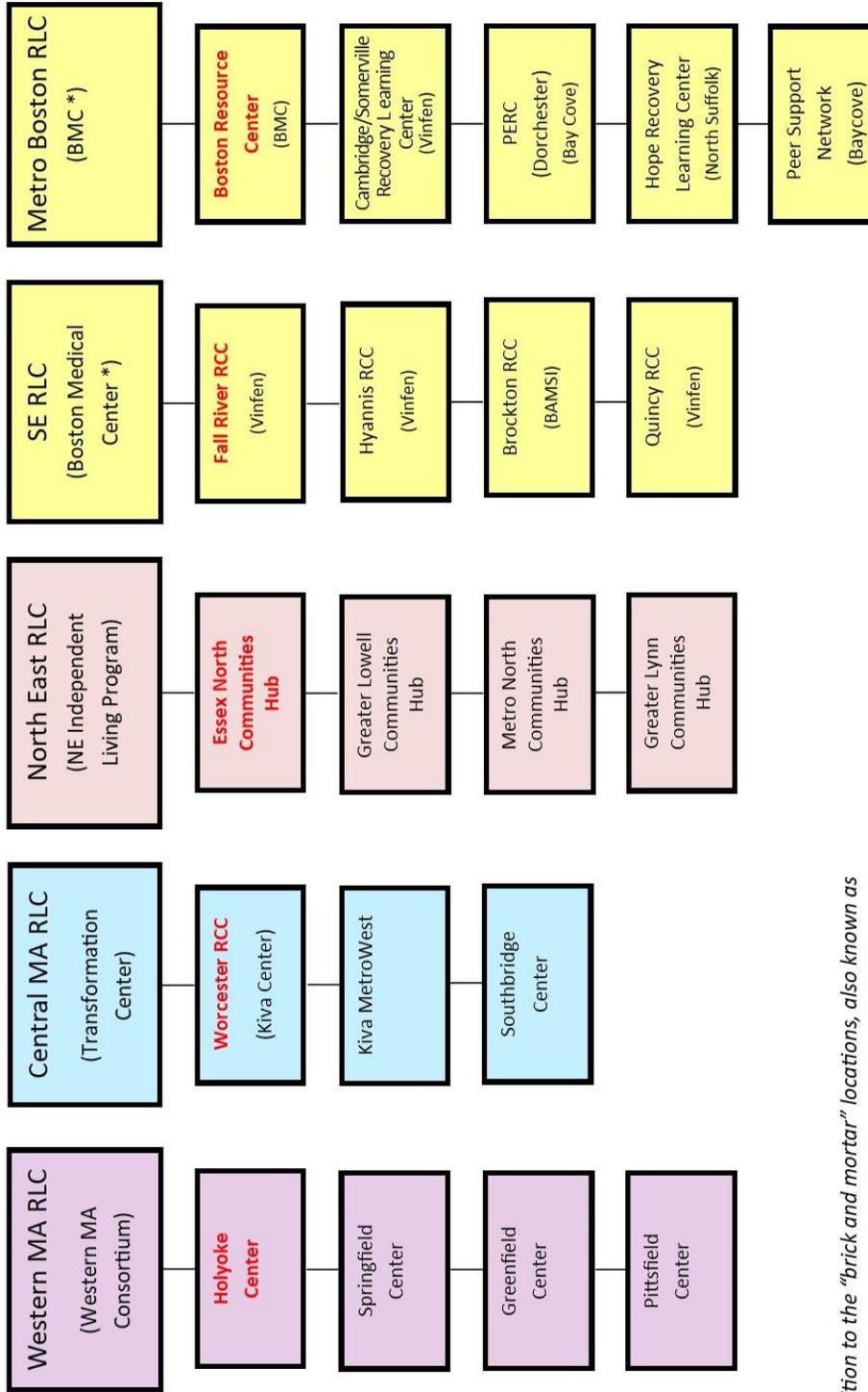
Quincy, MA 02169

Phone: (617) 405-5263

Email: [castroe@vinfen.org](mailto:castroe@vinfen.org)

Website: <https://www.southeastrlc.org/quincy>

## The Five Recovery Learning Communities and Their Locations



\* SE RLC and MetroBoston RLC funded through BMC with partner auspice agencies

In addition to the “brick and mortar” locations, also known as Recovery Connection Centers (RCCs) or hubs, the Recovery Learning Communities hold meetings and other events at various locations throughout the cities and towns they support. The “central” locations are noted in red. As the RLCs are in continuous evolution, please notify us if any information is out of date.

## Peer-run Respite/Crisis Alternatives

### Afiya Peer Respite

**Update:** *Afiya is open and observing COVID-19 safety measures.*

Afiya is the first peer-run respite in Massachusetts and is run by the Western Mass Recovery Learning Community. It is open to anyone age 18 or older, from the Central or Western regions of the state, who is experiencing distress and believes that staying in a peer supported environment would be helpful to them. The average stay is 1-7 nights. Ultimately, Afiya's mission is to turn what is often perceived as a crisis into a useful "learning and growth opportunity." Afiya is located in a residential neighborhood of Northampton.

Contact: Ephraim Akiva, Director

Phone: (413) 570-2990

Email: [ephraim@wildfloweralliance.org](mailto:ephraim@wildfloweralliance.org)

Website: <https://wildfloweralliance.org/afiya>

### Living Room (Springfield)

**Update:** *The Springfield Living Room is still providing in-person services, while observing COVID-19 safety guidelines and the maximum number of guests is currently reduced. Please contact the Living Room for the most up to date information.*

A peer support program provided by Behavioral Health Network, The Living Room is designed to provide a home-like environment for persons 18 and older in crisis, developing crisis, or post-crisis where they can regroup and get help. The program is run by certified peer specialists and does not require referrals, insurance, payment, or provider involvement. Daybeds are available for persons wishing to rest or sleep, but The Living Room does not have private bedrooms or shower facilities. Visits are generally limited to 24 hours. The Living Room encourages individuals to contact staff directly.

21 Warwick Street, Entrance L

Springfield, MA 01104

Phone: (413) 310-3312

Website: <https://www.bhninc.org/services-and-programs/emergency-services/living-room>

### Karaya Peer Respite

Karaya Peer Respite is a 24-hour crisis alternative to hospitalization serving the Commonwealth. We are a non-medical model rooted in trauma-informed healing practices from the Indigenous Pueblo and Taíno peoples. We believe mental health and emotional distress are a natural part of the human experience and that through building genuine relationships within the community setting, we can make meaning out of our life hardships while fostering resiliency. Our model focuses on the importance of human connection, personal choice and autonomy, and the role of environment in long-term well-being. Kiva Centers has partnered with the Homewood Hotel and Suites in Worcester during COVID-19. Must be 18 or older and must have the ability to self-administer your own medication (if applicable).

Contact: Donna – Guest Coordinator

Phone: (508) 751-9600

Email: [karaya@kivacenters.org](mailto:karaya@kivacenters.org)

### **Living Room (Framingham)**

**Update:** *The Living Room is now open for in-person visits from 8 a.m. to 10 p.m. with no overnight stays available at this time. Individuals experiencing emotional distress or a mental health crisis can access 24-hour phone support by calling (508) 661-3333.*

For many people in crisis, connecting with another person with shared lived experience can be a vital factor on the journey to mental health and addiction recovery. The Living Room program, staffed entirely by trained, certified peer specialists, provides a 24-hour crisis alternative to emergency department visits and hospitalization. Located in Framingham, The Living Room is the only program of its kind accessible to people in the Metro West and greater Boston areas. It is only the second of its kind in the entire state. No referral is necessary. The Living Room is a service run by Advocates that is entirely voluntary. It focuses on respect, mutuality, and trust. Staff provide flexible and compassionate care, connection to a variety of recovery resources in the community, assistance with housing and employment, and participation in peer support groups. Together, people in recovery and peer professionals share with each other what is needed and available and build a sense of community.

284 Union Avenue

Framingham, MA 01702

Phone: (508) 661-3333

Email: [TheLivingRoom@Advocates.org](mailto:TheLivingRoom@Advocates.org)

Website: <https://www.advocates.org/services/livingroom>

### **The Greenfield Living Room**

**Update:** *The Greenfield Living Room is currently open 7 days a week from 10 a.m. to 3 p.m. for up to 10 people and is observing COVID-19 safety protocols. Calling ahead (413) 775-6760 is encouraged. Computers are also available for persons needing access to these resources.*

The Greenfield Living Room is a peer-led, daytime support and diversion program that can be accessed without an appointment, regardless of insurance, and without lengthy intake forms and paperwork. It is a warm, inviting, substance-free environment for individuals 18 years or older experiencing emotional distress.

Focused on hope, respect, and trust, the Greenfield Living Room is staffed by people with lived experience who can provide a compassionate and trauma-sensitive space. Resources include social and peer support, as well as assistance with health, housing, and employment issues.

The Greenfield Living Room offers a kitchen for snacks, as well as on-site laundry, shower, and bathroom facilities. The program is open Tuesday–Saturday from 10 a.m. to 6 p.m.

140 High Street

Greenfield, MA 01301

Phone: (413) 775-6760

Email: [Toni.Diaz@csoinc.org](mailto:Toni.Diaz@csoinc.org)

### **The Peer-to-Peer Program**

**Update:** *The Peer-to-Peer program has reopened for a limit of 7 persons at a time during new hours (Tuesday through Friday from 3:00 to 11:00 p.m. and weekends from 10 a.m. to 2 p.m. Please call ahead to sign up: (617) 689-2599.*

The Peer-to-Peer Program at Aspire Health Alliance functions as a peer driven “drop-in” center for adults 18 years and older. The program’s mission is to provide a safe and supportive environment where peer visitors can connect with others whose shared experiences help them work through various stages of their recovery. The program offers support to individuals living with mental illness in the evenings and weekends, when access to mental health services are unavailable. The program is open Tuesday through Friday from 3:00-11:00 p.m., and Saturdays and Sundays from 10 a.m. to 2 p.m.

460 Quincy Avenue, Main Floor

Quincy, MA 02169

Phone: (617) 689-2599

Website: <https://www.aspirehealthalliance.org/our-programs/for-adults/peer-to-peer-program>

### **Peer-Run Warm Lines**

Warm lines are peer-run listening lines staffed by people in recovery that give others an opportunity to connect and have someone to talk to. They are not crisis lines. A national database of peer-run warm lines is maintained at <http://www.warmline.org>. Warm lines in red indicate that they will take calls from persons living outside of their own areas. Here are the local listings:

#### **The Peer Support Line (Metro Boston Recovery Learning Community)**

Phone: 877-PEER-LNE (733-7563)

Hours: Monday through Sunday, 4 – 7:45 p.m.

Website: <https://www.mbrlc.org/peer-support-line>

#### **Western Mass Peer Support Line**

Toll-free: 1-888-407-4515

Hours: Monday through Thursday from 7 - 9 p.m., and Friday through Sunday, 7 – 10 p.m.

Website: <https://wildfloweralliance.org/peer-support-line>

#### **Edinburg Center Warmline**

Phone: (617) 875-0748

Hours: Mondays through Sundays, 5:30 - 9:30 p.m.

#### **Baycove Peer Support Warmline**

Phone: (857) 378-4997

Mondays through Fridays, 9 a.m. – 5 p.m.

#### **Bridging Group Home Support Line (Northeast Recovery Learning Community)**

Phone: (781) 219-0710

Mondays 10-11 a.m.

Wednesdays and Thursdays 1 to 2 p.m.

### **Assistance with Telephone Service**

Many individuals find telephonic peer support to be helpful. The Lifeline Program is a federal program providing limited, monthly free phone service to eligible low-income households. For more information on program eligibility and available services visit <http://www.lifelinesupport.org/>.

### **Young Adult Resources**

#### **The NAN Project**

The NAN Project works to promote mental health awareness and suicide prevention programs for young people, using a peer-to-peer model..

125 Hartwell Ave.

Lexington, MA 02421

Email: [info@thenanproject.org](mailto:info@thenanproject.org)

Website: <https://thenanproject.org> or <https://www.facebook.com/thenanproject>

#### **Success Through Empowerment and Peer Support (STEPS) Young Adult Resource Center**

***Update:** STEPS is offering virtual mental health services and supports. For more information, contact [Olivia Chiacchia@waysideyouth.org](mailto:Olivia_Chiacchia@waysideyouth.org) or call (781) 643-1668.*

STEPS offers services and supports for all individuals ages 18-26, with no referrals needed. STEPS is a peer-driven center that provides a wide variety of social, creative, and supportive groups and activities. STEPS provides a supportive environment that encourages people to fully be themselves. The community is committed to empowering each other to reach personal goals and aspirations. STEPS also provides traditional assistance with referrals and connections to requested services.

12 Prescott Street

Arlington, MA 02474

Phone: (781) 646-2826

Hours: Monday through Thursday, 1 - 7 p.m.

Email: [steps@waysideyouth.org](mailto:steps@waysideyouth.org)

Website:

<http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSTechnicalResourceCenter.aspx> or <https://www.facebook.com/STEPSTechnicalResourceCenter>

### **Tempo Young Adult Resource Center**

**Update:** Tempo is open to limited in-person services with appointment strongly encouraged. COVID-19 protocols including masks, temperature checks, and screening questions are required. Current information is available on its Facebook page:

<https://www.facebook.com/tempoyoungadults/>. To book an appointment, call (508) 879-1424.

Tempo Young Adult Resource Center offers services for individuals ages 16-25, with no referrals needed. Peer mentors at Tempo Young Adult Resource Center can provide support. The Center provides a wide range of services and assistance with accessing outside services and supports including housing, counseling, food stamps, and other benefits.

68 Henry Street

Framingham, MA 01702

Phone: (508) 879-1424

Fax: (508) 879-1460

Hours: Monday, Tuesday, Thursday, 8 a.m. to 5 p.m.; Wednesday, 8 a.m. to 8 p.m.; Friday, 10 a.m. to 4 p.m.; Saturday, 10 a.m. to 2 p.m.

Website:

<https://www.waysideyouth.org/services/young-adult/tempo-young-adult-resource-center/> or <https://www.facebook.com/tempoyoungadults/>

### **Zia Young Adult Access Center**

**Update:** All in-person activities are currently cancelled. For information on virtual supports and activities, please visit <https://ziacenter.com/>.

The Zia Young Adult Access Center prioritizes youth autonomy, liberation, and support. The Zia Center is part of the Kiva Centers. Zia supports young adults ages 16-22 who express and self-identify with different human experiences (societal and/or social class impacts like trauma, mental health, and substance use). No registration, referral, or health insurance is necessary. All supports are free of cost and are intended to be accessible.

The two Zia Young Adult Access Center locations offer youth-held and peer-run community spaces, groups, and events as well as self-determined resource connections (education, employment, family support, and more).

More information on Zia's social media and current programs can be found at

<https://linktr.ee/ziacenter>

#### **Zia Young Adult Access Center at the Kiva Center**

209 Shrewsbury Street

Worcester, MA 01604

Hours: Mondays from 3 – 6 p.m. and Wednesdays from 4 – 8 p.m.

Email: [zia@kivacenters.org](mailto:zia@kivacenters.org)

Website: <https://ziacenter.com/>

### **Zia Young Adult Access Center at Open Sky Community Services**

4 Mann Street

Worcester, MA 01602

Hours: Tuesdays, Thursdays, and Fridays from 11 a.m. – 6 p.m.

Email: [zia@kivacenters.org](mailto:zia@kivacenters.org)

Website: <https://ziacenter.com/>

### **Speaking of Hope**

Speaking of Hope is a network for young adults to connect with others through shared experiences, resources, and to promote self-discovery and is supported by the Massachusetts Department of Mental Health.

Email: [SpeakingofHope@MassMail.State.MA.US](mailto:SpeakingofHope@MassMail.State.MA.US)

Website: [www.speakingofhope.org](http://www.speakingofhope.org) or

<https://www.facebook.com/speakingofhopeproject/> and

<https://twitter.com/speakingofhope>

### **Boston Alliance of Gay, Lesbian, Bisexual, Transgender Queer Youth (BAGLY), Inc.**

**Update:** BAGLY has gone to online programming:

<https://www.bagly.org/online-programs>

For specific supports and resources around the current pandemic:

<https://www.bagly.org/covid19-resources>

BAGLY is a youth-led, adult-supported social support organization. It is committed to social justice and creating, sustaining, and advocating for programs, policies, and services for the LGBTQ youth community. BAGLY clinic services are for youth age 29 and younger across Massachusetts. BAGLY works with youth age 22 and younger. They provide leadership development, health promotion and services, social support, events. They are part of the statewide GLBTQ+ Youth Group Network. BAGLY programs include social support meetings, weekly programming, and free, clothes-on STI and HIV testing (no insurance required, LGBTQ+ youth age 29 and under). Its free mental health programming includes walk-in, one-on-one therapy, narrative art therapy, themed-group therapy (6-week sessions), and peer-led mental health groups.

28 Court Square

Boston, MA 02108

Phone: (617) 227-4313

Fax: (617) 227-3266

Hours: Monday – Friday, 9 a.m. to 7 p.m. (except Wednesday, 9 a.m. to 9 p.m.)

Email: [info@bagly.org](mailto:info@bagly.org)

Website: <http://www.bagly.org>

### **Alliance of Gay, Lesbian, Bisexual, Transgender Youth (AGLY) Network — Massachusetts locations**

**Update:** Please refer to listing directly above for current “virtual” programming.

<https://www.bagly.org/the-agly-network/>

## Youth on Fire

Youth on Fire (YOF), a program of AIDS Action Committee of Massachusetts, is a drop-in center for homeless and street-involved youth, ages 14-24. It is located in Harvard Square, Cambridge. YOF provides a broad spectrum of vital services, supports and opportunities including hot meals, showers, mental health and medical services, housing search, peer outreach and education, and other supports.

1 Church Street

Cambridge, MA 02138

Phone: (617) 661-2508

Drop-in Hours: Monday, Tuesday, Wednesday, Friday, 11 a.m. - 5:45 p.m.

Thursday by appointment only.

Email: [yof@aac.org](mailto:yof@aac.org)

Website: <http://www.aac.org/youth-on-fire/> or

<https://www.facebook.com/YouthOnFireMA/>

## Youth Motivating Others through Voices of Experience (MOVE) Massachusetts

Youth MOVE is a youth led organization devoted to improving the mental health system, advocating for youth rights, and empowering youth as equal partners in the process of change. Youth MOVE hosts peer-run support groups. We are a statewide organization of lived experience youth and young people who support others.

77 Rumford Ave

Waltham Ma 02453

Phone: Toll Free: (866) 815-8122

Email: [YouthMOVEMassachusetts@gmail.com](mailto:YouthMOVEMassachusetts@gmail.com). Youth Move's Youth Coordinator, can be emailed at [DKaplan@ppal.net](mailto:DKaplan@ppal.net). The associate director Meri Viano can be emailed at [mviano@ppal.net](mailto:mviano@ppal.net).

Website: <https://youthmovemassachusetts.net/> or

<https://www.facebook.com/youthmovemassachusetts/>

## Other Non-Clinical, Peer-Driven Resources

### Mental Health Recovery and the Wellness Recovery Action Plan (WRAP)

Most people are aware of WRAP as a crisis prevention plan, but WRAP is much more. WRAP facilitates a process where the person becomes familiar with personal triggers and warning signs, so that he or she can increase actions that maximize wellness.

A Wellness Recovery Action Plan (WRAP) is an evidence-based practice that is completely self-directed and voluntary. It includes writing a description of what one looks like when well and an inventory of personal strategies and resources that one finds helpful. Then one creates an action plan to use those resources to increase resilience and counteract challenging situations. The action plan is graduated to bring in more resources as circumstances or distress become more challenging. The final components of the WRAP, (if selected by an individual) include a form of an advanced directive, as well as a plan to discontinue the advanced directive plan once pre-determined markers have been achieved.

WRAP is based on five key concepts:

- Hope
- Personal Responsibility

- Education
- Self-Advocacy
- Support

Website: <http://www.mentalhealthrecovery.com>

### **Peer Support Whole Health and Resiliency Training (PSWHR)/Whole Health Action Management (WHAM)**

WHAM and PSWHR are peer support wellness trainings that promote skill teaching for individuals. The training helps individuals to more effectively improve health resiliency and self-manage health conditions.

Many people who use services in the public mental health system have chronic physical health conditions, often related to metabolic syndrome. Yet making healthy changes, that a person integrates consistently over time, is a challenge for people. These classes support participants to be realistic in goal setting, to establish peer support as a strategy for health, and to consider setting health goals that increase resiliency factors particularly relevant for people with mental health conditions.

Basic tenets of these trainings include utilizing a person-centered planning process to identify health goals, setting goals that are engaging and manageable, and utilizing the Relaxation Response to promote resiliency through stress reduction. One foundation of the class is the recognition that it is easier to create new habits than to change old habits, that it is more effective to focus on what individuals wish to *create*, rather than what they “need” to *change*.

Website:

[https://www.center4healthandsdc.org/uploads/7/1/1/4/71142589/wham\\_participant\\_guide.pdf](https://www.center4healthandsdc.org/uploads/7/1/1/4/71142589/wham_participant_guide.pdf)

## Clubhouses

Although Clubhouses are not strictly based on peer support, they offer an opportunity for peers to come together in recovery-promoting environments organized around work and the relationships created through clubhouse membership. As noted elsewhere in this resource guide, clubhouses are a primary source of peer support for persons in dual recovery through its sponsorship and promotion of Dual Recovery Anonymous (DRA) meetings. More information on clubhouses can be found on the Massachusetts Clubhouse Coalition website ([www.massclubs.org](http://www.massclubs.org)) and on the International Center for Clubhouse Development (ICCD) website (<http://www.iccd.org>).

**Update:** Clubhouses have reopened with a limited capacity and are following state guidelines for COVID-19 safety. For the most current information, please call the clubhouse in question.

*Listing of Massachusetts Clubhouses by Region:*

### Boston

#### Center Club

31 Bowker Street  
Boston, MA 02114  
Director: Mary Gregorio  
Phone: (617) 788-1003 or (617) 788-1000  
Fax: (617) 788-1080  
Org: Bay Cove Human Services  
Email: [cntrclub@baycove.org](mailto:cntrclub@baycove.org)  
Website: <http://www.centerclubboston.org/> or  
<https://www.facebook.com/centerclubboston/>

#### Transitions of Boston

1500 Dorchester Avenue  
Dorchester, MA 02122  
Director: Jean Dorneus  
Phone: (617) 379-5661  
Fax: (617) 541-6817  
Org: Bay Cove Human Services  
Email: [jdorneus@baycove.org](mailto:jdorneus@baycove.org)  
Website: <https://www.baycovehumanservices.org/clubhouse-and-peer-services>

#### Webster House

746 South Street  
Roslindale, MA 02131  
Director: Maggie Mahoney  
Phone: (617) 739-5461  
Org: Vinfen  
Email: [mahoneym@vinfen.org](mailto:mahoneym@vinfen.org)  
Website: [www.websterclubhouse.org](http://www.websterclubhouse.org)

## **Metro Boston**

### **Atlantic House**

338 Washington Street  
Quincy, MA 02169  
Director: Janette Tibets  
Phone: (617) 770-9660  
Org: Vinfen  
Email: [Tibetsj@vinfen.org](mailto:Tibetsj@vinfen.org)  
Website: <http://www.atlanticclubhouse.org/>

### **Elliot House**

255 Highland Avenue  
Needham, MA 02494  
Director: Alison Siersdale  
Phone: (781) 449-1212  
Fax: (781) 449-4064  
Org: Riverside Community Care  
Email: [Asiersdale@riversidecc.org](mailto:Asiersdale@riversidecc.org)  
Website: <http://elliothouse.org>

### **Neponset River House**

595 Pleasant Street  
Norwood, MA 02062  
Director: Danielle Ford-Allen  
Phone: (781) 762-7075  
Org: Riverside Community Care  
Email: [dfallen@riversidecc.org](mailto:dfallen@riversidecc.org)  
Website: <http://www.neponsetriverhouse.org/> or  
<https://www.facebook.com/NeponsetRiverHouse/>

## **Central**

### **Employment Options Clubhouse**

82 Brigham Street  
Marlborough, MA 01752  
Director of Programs and Services: Liz Gulachenski  
Phone: (508) 485-5051  
Fax: (508) 485-8807  
Org: Employment Options  
Email: [newmember@employmentoptions.org](mailto:newmember@employmentoptions.org) or [lgulachenski@employmentoptions.org](mailto:lgulachenski@employmentoptions.org)  
Website: <http://www.employmentoptions.org/> or  
<https://www.facebook.com/EmploymentOptions/>

**Charles Webster Potter Place**

15 Vernon Street

Waltham, MA 02453

Director: Judith Kellam

Phone: (781) 894-5302

Org: Edinburg

Email: [jkellam@edinburgcenter.org](mailto:jkellam@edinburgcenter.org)

Website: <http://www.edinburgcenter.org/charles-webster-potter-place/> or  
<https://www.facebook.com/charleswebsterpotterplaceclubhouse/>

**Crossroads Clubhouse**

11 Williams Street

Hopedale, MA 01747

Program Director: Lauren Baxter

Phone: (508) 473-4715

Org: Riverside Community Care

Email: [lbaxter@riversidecc.org](mailto:lbaxter@riversidecc.org)

Website: <http://www.crossroadsclubhouse.org/> or  
<https://www.facebook.com/CrossroadsClubhouse/>

**Crystal House**

55 Lake Street, #100

Gardner, MA 01440

Director: Tamela Deveikis

Phone: (978) 630 2794

Org: Open Sky

Email: [tamela.deveikis@openskycs.org](mailto:tamela.deveikis@openskycs.org)

**Elm Brook Place**

4 A Street, 1<sup>st</sup> Floor

Burlington, MA 01803

Director: Carrie Endicott

Phone: (781) 202-3478

Fax: (781) 202-3481

Org: Eliot Community Human Services

Email: [cendicott@eliotchs.org](mailto:cendicott@eliotchs.org)

Website: <http://www.elmbrookplace.org/>

**Genesis Club, Inc.**

274 Lincoln Street

Worcester, MA 01605

Program Director: Ruth Osterman

Phone: (508) 831-0100

Org: Genesis Club

Email: [training@genesiscub.org](mailto:training@genesiscub.org) or [ruth@genesiscub.org](mailto:ruth@genesiscub.org)

Website: <http://www.genesiscub.org> or <https://www.facebook.com/genesiscubinc/>

### **Tradewinds**

309 Main Street  
Southbridge, MA 01550  
Director: Samantha Aikey  
Phone: (508) 765-9947  
Org: Viability  
Email: [tradewindsclubhouse@gmail.com](mailto:tradewindsclubhouse@gmail.com)  
Website: <https://www.facebook.com/tradewinds.club/>

### **Westwinds**

545 Westminster Street  
Fitchburg, MA 01420  
Director: Deborah Downing  
Phone: (978) 345-1581  
Org: Community Health Link  
Email: [d Downing@communityhealthlink.org](mailto:d Downing@communityhealthlink.org)  
Website: <http://www.communityhealthlink.org/chl/adult-outpatient-services/westwinds-clubhouse>

### **Northeast**

#### **Haverhill Clubhouse**

100 Locust Street  
Haverhill, MA 01830  
Director: Vacant  
Phone: (617) 507-9420  
Org: Vinfen  
Email: [haverclub@gmail.com](mailto:haverclub@gmail.com)  
Website: <http://www.haverhillclub.org/>

#### **Harbor Place Clubhouse**

71 Linden Street  
Lynn, MA 01905  
Director: Melissa Harris  
Phone: (781) 842-7200  
Org: Eliot Community Human Services  
Email: [meharris@eliotchs.org](mailto:meharris@eliotchs.org)

#### **Horizon House**

78 Water Street  
Wakefield, MA 01880  
Director: Catherine Taatjes  
Phone: (781) 245-4272  
Fax: (781) 245-4276  
Org: Riverside Community Care  
Email: [ctaatjes@riversidecc.org](mailto:ctaatjes@riversidecc.org)  
Website: <http://www.horizonhouseclubhouse.org/>

**Point After Club**

15 Union Street, Suite #70 (lower level)

Lawrence, MA 01840

Director: Tom Coppinger

Phone: (978) 681-7753

Fax: (978) 725-5527

Org: Vinfen

Email: [coppingerth@vinfen.org](mailto:coppingerth@vinfen.org)

Website: <http://www.pointafterclub.org/> or <https://www.facebook.com/Point-After-Clubhouse-110698000560327/>

**Renaissance Club**

176 Walker Street, Second Floor

Lowell, MA 01854

Director: Ray Grange

Phone: (978) 454-7944

Fax: (978) 937-7867

Org: Eliot Community Human Services

Email: [rgrange@eliotchs.org](mailto:rgrange@eliotchs.org) or [renclublowell@gmail.com](mailto:renclublowell@gmail.com)

Website: <https://www.renaissanceclublowell.org/> or  
<https://www.facebook.com/renclub.lowell/>

**Salem Connections Clubhouse**

50 Grove Street

Salem, MA 01970

Director: John Kirton

Phone: (978) 498-4400

Org: Eliot Community Human Services

Email: [jkirton@eliotchs.org](mailto:jkirton@eliotchs.org)

Website: <https://www.facebook.com/Salemconnectionclubhouse/>

**Southeast****Anchor House**

2277 Purchase Street

New Bedford, MA 02746

Director: Paul Lavoie

Phone: (508) 984-4300

Fax: (508) 984-1453

Org: Fellowship Health Resources

Email: [plavoie@fhr.net](mailto:plavoie@fhr.net)

Website: <https://www.fhr.net/our-services/clubhouses/anchorhouse> or  
<https://www.facebook.com/FHR-Anchor-House-115901989848610/>

**Baybridge**

106 Bassett Lane, Suite 1  
Hyannis, MA 02601  
Director: Tom Couhig  
Phone: (508) 778-4234 or (508) 776-9127  
Org: Vinfen  
Email: [couhigt@vinfen.org](mailto:couhigt@vinfen.org)  
Website: <http://www.baybridgeclubhouse.org/> or  
<https://www.facebook.com/baybridgeclubhouse/>

**Cove Clubhouse**

383 Route 28  
Harwichport, MA 02646  
Director: Sabrina Kreber  
Phone: (508) 432-7774  
Org: Vinfen  
Email: [Krebers@vinfen.org](mailto:Krebers@vinfen.org)  
Website: [www.coveclubhouse.org](http://www.coveclubhouse.org) or <https://www.facebook.com/Cove-Clubhouse-96369568380/>

**Daybreak**

457 State Road, #B  
Vineyard Haven, MA 02568  
Program Coordinator: Alicia Nicholson  
Phone: (508) 696-7563  
Org: Martha's Vineyard Community Services  
Email: [anicholson@mvcommunityservices.org](mailto:anicholson@mvcommunityservices.org)  
Website: <https://www.mvcommunityservices.org/services/mental-health-services/mental-illness-rehabilitation/>

**Fairwinds**

155 Katherine Lee Bates Road  
Falmouth, MA 02540  
Director: Gerald McDowell  
Phone: (508) 540-6011  
Org: Fellowship Health Resources  
Email: [gmcowell@fhr.net](mailto:gmcowell@fhr.net)  
Website: <http://www.fhr.net/our-services/clubhouses/fairwinds> or  
<https://www.facebook.com/fairwindsclubhouse/>

**Our House in Brockton**

728 Belmont Street  
Brockton, MA 02301  
Director: Maria Lobo-Terrell  
Phone: (508) 857-1657  
Org: Brockton Area Multi-Services, Inc. (BAMSI)  
Email: [marialobo-terrell@bamsi.org](mailto:marialobo-terrell@bamsi.org)  
Website: <https://www.bamsi.org/program/clubhouse-services/>

**Plymouth Bay House**

340 Court Street  
Plymouth, MA 02360  
Director: Jaimee Provan  
Phone: (508) 747-1115  
Org: Vinfen  
Email: [provanj@vinfen.org](mailto:provanj@vinfen.org)  
Website: <http://www.plymouthbayhouse.org/> or  
<https://www.facebook.com/plymouthbayhouse/>

**Taunton River House**

225 Cape Highway  
East Taunton, MA 02718  
Director: Karen Therrien  
Phone: (508) 828-4591  
Org: Fellowship Health Resources  
Email: [ktherrien@FHR.net](mailto:ktherrien@FHR.net)  
Website: <https://www.fhr.net/our-services/clubhouses/cornerclubhouse> or  
<https://www.facebook.com/Tauntonriverclubhouse/>

**Towne House**

1706 President Avenue  
Fall River, MA 02720  
Director: Aaron Labonte  
Phone: (508) 672-2023  
Fax: (508) 672-2051  
Org: Fellowship Health Services  
Email: [alabonte@fhr.net](mailto:alabonte@fhr.net)  
Website: <https://www.fhr.net/our-services/clubhouses/townehouse> or  
<https://www.facebook.com/FHRTowneHouse/>

**Western****Berkshire Pathways**

199 B South Street  
Pittsfield, MA 01201  
Director: David Brien  
Phone: (413) 464-7949  
Fax: (413) 464-7942  
Org: Viability  
Email: [dbrien@viability.org](mailto:dbrien@viability.org)  
Website: <https://www.viability.org/berkshire-pathways> or  
<https://www.facebook.com/BerkshirePathways>

**Forum House**

55 Broad Street

Westfield, MA 01085

Director: Lauren Woodard

Phone: (413) 562-5293

Fax: (413) 562-9163

Org: Viability

Email: [lwoodard@viability.org](mailto:lwoodard@viability.org) or [forumhouse2@viability.org](mailto:forumhouse2@viability.org)

Website: <https://www.viability.org/forum-house> or

<https://www.facebook.com/ForumHouse-Westfield-1645719352331285/>

**Green River House**

37 Franklin Street

Greenfield, MA 01301

Director: Kim Britt

Phone: (413) 772-2181

Fax: (413) 772-2032

Org: Clinical and Support Options

Email: [Kbritt@csoinc.org](mailto:Kbritt@csoinc.org) or [grh@csoinc.org](mailto:grh@csoinc.org)

Website: <https://www.csoinc.org/community-based-programs>

**Lighthouse**

1401 State Street

Springfield, MA 01109

Director: Sally English

Phone: (413) 736-8974

Fax: (413) 785-5030

Org: Viability

Email: [senglish@viability.org](mailto:senglish@viability.org)

Website: <https://www.viability.org/lighthouse> or <https://www.facebook.com/viabilityocks/>

**Odyssey House**

474 Appleton Street

Holyoke, MA 01040

Director: Erin Godfrey

Phone: (413) 538-4377

Fax: (413) 538-4355

Org: Viability

Email: [egodfrey@viability.org](mailto:egodfrey@viability.org)

Website: <https://www.viability.org/odyssey-house> or

<https://www.facebook.com/OdysseyHouseStrong>

**Quabbin House**

25 West Main Street

Orange, MA 01364

Director: Danielle Barron

Phone: (978) 544-1859

Fax: (978) 544-1860

Org: Clinical Support Options

Email: [Daniellebarron@csoinc.org](mailto:Daniellebarron@csoinc.org) or [info@csoinc.org](mailto:info@csoinc.org)

Website: <https://www.csoinc.org/community-based-programs>

**Star Light Center**

251 Nonotuck Street

Florence, MA 01062

Director: Evan Kreke

Phone: (413) 586-8255

Fax: (413) 586-8311

Org: Viability

Email: [Ekreke@viability.org](mailto:Ekreke@viability.org)

Website: <https://www.viability.org/star-light-center>

## Cross-Disability/Miscellaneous Resources for Peers

### Independent Living Centers

Independent Living Centers have been providing their core services of information and referral, independent living skills training, peer counseling and individual and systems advocacy since the first center was started in Berkeley, California in 1972.

Independent Living Centers are run and controlled by persons with disabilities. A basic tenet of the Independent Living movement is that support and role modeling by someone who has faced similar situations and challenges are invaluable resources in assisting persons with disabilities gain control and independence over their lives.

Independent Living Centers offer services to persons across the disability spectrum, including psychiatric disabilities, and are located throughout the state of Massachusetts and the rest of the country. Locally, the Massachusetts Independent Living Centers receive significant funding through the Massachusetts Rehabilitation Commission and are located in the following communities:

**Ad-Lib, Inc. – Pittsfield**

**Update:** All in-person meetings at Ad-Lib are currently suspended. For assistance, please call the office and leave a message and someone will get back to you. Ad-Lib is posting general information and resources on its Facebook page. The Ad-Lib Warm Line is open daily at (413) 281-7328.

Joseph Castellani, Jr., Executive Director

215 North Street

Pittsfield, MA 01201

Phone: (413) 442-7047

Fax: (413) 443-4338

Email: [jcastellani@adlibcil.org](mailto:jcastellani@adlibcil.org) or [adlib@adlibcil.org](mailto:adlib@adlibcil.org)

Website: <https://www.adlibcil.org/> or <https://www.facebook.com/AdLibCIL/>

**STAVROS – Amherst**

**Update:** Stavros is currently asking the public not to come into its offices for the health of its staff, and to call or email instead. Calls or emails will be returned within 24 hours. However be aware that calls may be returned from different numbers, so please answer. More contact information is available at [https://www.stavros.org/Contact us](https://www.stavros.org/Contact_us).

Angelina Ramirez, Executive Director

210 Old Farm Road

Amherst, MA 01002

Phone: (413) 256-0473

Toll-free: 1-800-804-1899

Email: [aramirez@stavros.org](mailto:aramirez@stavros.org) or [info@stavros.org](mailto:info@stavros.org)

Website: [www.stavros.org](http://www.stavros.org) or <https://www.facebook.com/stavros413/>

**Center for Living and Working, Inc. – Worcester**

Meg Coffin, Chief Executive Officer

484 Main Street, Suite 345

Worcester, MA 01608

Phone: (508) 798-0350

Video Phone: 508-762-1164

TTY: (508) 755-1003

Toll-free: 1-800-570-4020

Fax: (508) 797-4015

Email: [mcoffin@centerlw.org](mailto:mcoffin@centerlw.org) or [opsearch@centerlw.org](mailto:opsearch@centerlw.org)

Website: <http://www.centerlw.org/> or

<https://www.facebook.com/CenterForLivingAndWorking/>

### **Boston Center for Independent Living – Boston**

**Update:** *The office is closed due to COVID-19. All staff are working remotely. Please call and leave a message.*

Bill Henning, Executive Director

60 Temple Place, 5<sup>th</sup> Floor

Boston, MA 02111

Phone: (617) 338-6665

Toll-Free: 1-866-338-8085

TTY: (617) 338-6662

Fax: (617) 338-6661

Email: [bhenning@bostoncil.org](mailto:bhenning@bostoncil.org) or [contactBCIL@bostoncil.org](mailto:contactBCIL@bostoncil.org)

Website: <https://bostoncil.org/> or <https://www.facebook.com/BostonCIL>

### **Cape Organization for the Rights of the Disabled – Hyannis**

**Update:** *CORD staff are working remotely. Leave a message on the office number and someone will return the call, but from a different number so please answer.*

Coreen Brinckerhoff, Chief Executive Officer

765 Attucks Lane

Hyannis, MA 02601

Phone: (508) 775-8300

Toll-free: 1-800-541-0282

Fax: (508) 775-7022

V/TTY (508) 775-8300

Email: [cordinfo@cilcapecod.org](mailto:cordinfo@cilcapecod.org)

Website: <http://www.cilcapecod.org> or <https://www.facebook.com/cordcapecod/>

### **Independence Associates, Inc. – East Bridgewater**

**Update:** *Independence Associates staff are working remotely. Leave a message on the office number and someone will return the call.*

Steve Higgins, Executive Director

100 Laurel Street, Suite 122

East Bridgewater, MA 02333

Phone: (508) 583-2166

Toll-free: 1-800-649-5568

Fax: (508) 583-2165

Email: [shiggins@iacil.org](mailto:shiggins@iacil.org) or [info@iacil.org](mailto:info@iacil.org)

Website: <https://www.iacil.org/>

### **Disability Resource Center**

**Update:** Due to the COVID-19 pandemic, the Disability Resource Center office will remain closed until receiving governance approval to re-open. The center will continue to provide support remotely via telephone, email, Zoom, or Skype. Please continue to reach out by phone or email.

Lisa Orgettas, Executive Director

27 Congress Street, Suite 107

Salem, MA 01970

Phone: V/TTY: (978) 741-0077

Fax: (978) 741-1133

Email: [lorgettas@disabilityrc.org](mailto:lorgettas@disabilityrc.org) or [information@disabilityrc.org](mailto:information@disabilityrc.org)

Website: <https://disabilityrc.org/> or <https://www.facebook.com/DisabilityRCSalem>

### **MetroWest Center for Independent Living – Framingham**

**Update:** For the foreseeable future, while coronavirus precautions are in effect, all visitors to MetroWest Center for Independent Living must make an appointment ahead of time. Please call the main office and someone will answer and direct your call.

Paul Spooner, Executive Director

280 Irving Street

Framingham, MA 01702

Phone: (508) 875-7853

Fax: (508) 875-8359

Email: [pspooner@mwcil.org](mailto:pspooner@mwcil.org) or [info@mwcil.org](mailto:info@mwcil.org)

Website: <https://www.mwcil.org/> or <https://www.facebook.com/MWCIL/>

### **Northeast Independent Living Center – Lawrence**

**Update:** Staff are working remotely and still providing services. If you need assistance, please email [iandr@nilp.org](mailto:iandr@nilp.org) or call (978) 687-4288.

June Sauvageau, Chief Executive Officer

#### **Lawrence Site:**

20 Ballard Road

Lawrence, MA 01843

Phone, V/TTY: (978) 687-4288

Fax: (978) 689-4488

#### **Lowell Site:**

35 John Street, 2<sup>nd</sup> Floor

Lowell, MA 01852

Phone: V/TTY: (978) 687-4288

Fax: (978) 455-4999

Email: [jsauvageau@nilp.org](mailto:jsauvageau@nilp.org) or [help@nilp.org](mailto:help@nilp.org)

Website: [www.nilp.org](http://www.nilp.org) or

<https://www.facebook.com/NortheastIndependentLivingProgram/>

## **Southeast Center for Independent Living – Fall River**

**Update:** All Southeast Center for Independent Living staff are currently working remotely and checking voicemail throughout the day. Please call the office number to access the staff directory and to leave a message.

Lisa Pitta, Executive Director

66 Troy Street, Suite #3

Fall River, MA 02720

Phone: (508) 679-9210

Fax: (508) 677-2377

Email: [lpitta@secil.org](mailto:lpitta@secil.org) or [scil@secil.org](mailto:scil@secil.org)

Website: <http://www.secil.org/> or <https://www.facebook.com/SCILinc/>

## **Miscellaneous Resources**

### **Massachusetts Advocacy and Legal Resources**

- **Disability Law Center of Massachusetts:** <https://www.dlc-ma.org/>  
**Update:** DLC staff are working remotely at this time. Please call (617) 723-8455 or 1-800-872-9992 to request assistance, or email [mail@dlc-ma.org](mailto:mail@dlc-ma.org).
- **Mental Health Legal Advisors Committee (MHLAC):** <http://www.mhlac.org/>  
**Update:** MHLAC staff are working remotely. Please visit the Facebook page or regular website for updated information.  
<https://www.facebook.com/www.mhlac.org>

### **Other Local Peer Resources**

#### **Jonathan O. Cole Resource Center**

**Update:** Although the office is currently closed, volunteers are working remotely to provide information and support. They can be reached by email or by leaving a message. Someone will respond within 24 hours, Monday through Friday. The center's support groups have gone online. More information is available on the website.

Cole Resource Center

deMarneffe Building, Room 120A

115 Mill Street

Belmont, MA 02478

Phone: (617) 855-3298

Fax: (617) 855-3666

Email: [info@coleresourcecenter.org](mailto:info@coleresourcecenter.org)

Website: <https://www.coleresourcecenter.org/>

### **National Depression and Bipolar Support Alliance (DBSA)**

**Update:** For online support please go to: <https://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/>

55 E. Jackson Blvd, Suite 490

Chicago, Illinois 60604

Toll-free Phone: 1-800-826-3632

Fax: (312) 642-7243

Email: [info@dbsalliance.org](mailto:info@dbsalliance.org)

Website: <http://www.dbsalliance.org>

### **Depression and Bipolar Support Alliance of Boston (DBSA-Boston)**

Contact: Barry Park

P.O. Box 102

115 Mill Street

Belmont, Mass 02478

Phone: (617) 855-2795

Fax: (617) 855-3666

Email: [info@dbsaboston.org](mailto:info@dbsaboston.org)

Website: <http://www.dbsaboston.org/> or <https://www.facebook.com/DBSABoston/>

### **NAMI Greater Boston Peer Support and Advocacy Network (NAMI GB PSAN)**

**Update:** NAMI GB PSAN hosts a Zoom meeting that features a speaker series on the third Thursday of the month from 6:30 -7:30 p.m., co-sponsored by the Metro Boston Recovery Learning Community: <https://www.mbrlc.org/zoom-speaker-series>

NAMI GB PSAN provides a weekly volunteer staff meeting open to all peers and a monthly business meeting with speakers and food. NAMI GB PSAN works closely with the NAMI Mass peer support programs: NAMI Connection support groups, In Our Own Voice speakers, and Peer-to-Peer educational classes.

Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS

Erich Lindemann Building, Plaza Level

25 Staniford Street

Boston, MA 02114

Phone: (781) 642-0368

Email: [info@namiboston.org](mailto:info@namiboston.org)

Website: <https://namiboston.org/people-living-mental-illness/>

### **Hearing Voices Network USA**

**Update:** Online groups are available. For questions and details on how to access the groups, please email.

Hearing Voices Peer Services is an organization that connects those who are living with seeing visions, hearing voices, and other unusual experiences. They help provide resources nationally and have support groups in local neighborhoods.

Email: [info@hearingvoicesusa.org](mailto:info@hearingvoicesusa.org)

Website: <http://www.hearingvoicesusa.org/>

### **Massachusetts United for Connection and Healing (MUCH)**

A project of The Transformation Center, MUCH is a network for the peer support workforce and community to strengthen skills, increase information sharing, and build healing connections across Massachusetts. MUCH is building a coalition across the state to facilitate and develop infrastructure for certified peer specialists (CPSs), in-person networking events, webinars, and opportunities to learn and connect as a workforce.

Contact: Mike MacInnis

Email: [info@muchnetwork.org](mailto:info@muchnetwork.org) or [mmacinnis@kivacenters.org](mailto:mmacinnis@kivacenters.org)

Website: [www.MUCHnetwork.org](http://www.MUCHnetwork.org) or <https://www.facebook.com/MUCHnetwork/>

### **Opening Doors to the Arts (ODA)**

Opening Doors to the Arts obtains free and reduced price tickets and access to concerts, theater, and the occasional sporting events through the connection it maintains with over 20 venues. Typically, several different events are available every week. Tickets are available for persons who identify as having mental health conditions.

Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS

Phone: (781) 642-0368

Email: [howard@openingdoorstothearts.org](mailto:howard@openingdoorstothearts.org)

Website: <http://www.openingdoorstothearts.org>

### **Two Hats Networking Dinners (Twohats)**

***Update:** The Two Hats networking dinners are currently discontinued due to the pandemic.* This dinner was established as a support network for people with mental health challenges who were working in human services and were afraid of coming out to their employer. Today, many people considering working or volunteering in peer support come as well. All peers are welcome to attend.

Contact: Howard D. Trachtman, BS, CPS, CPRP

Phone: (781) 642-0368

Email: [hdt@mit.edu](mailto:hdt@mit.edu)

Website: [www.twohats.org](http://www.twohats.org)

## **Other National Peer Resources**

### **Crisis Text Line**

The Crisis Text Line is a free texting service run by [DoSomething.org](http://DoSomething.org), to help those experiencing a crisis. The line is available 24 hours a day, seven days a week. If you text **HOME** to 741741, a trained volunteer counselor will receive the message and assist immediately.

Phone: Text **HOME** to 741741

Website: <https://www.crisistextline.org/>

## **Peer-run National Technical Assistance Centers**

- **The National Empowerment Center:** <http://www.power2u.org>
- **Doors to Wellbeing National Technical Assistance Center,** established by The Copeland Center for Wellness and Recovery: <http://www.doorstowellbeing.org>

- **Youth MOVE Peer Center:** a project of Youth MOVE National:  
<https://youthmovepeercenter.org>
- **Consumer Supporter Technical Assistance Center - The Family Café:**  
<http://cafetacenter.net/>
- **Peer Experience National Technical Assistance Center (PENTAC),** a program of the Peer Support Coalition of Florida, Inc. (PSCFL):  
<https://www.peersupportfl.org/pentac>
- **The National Mental Health Consumers' Self-Help Clearinghouse:**  
<http://www.mhselfhelp.org/>  
(\*Still in operation although no longer funded by SAMHSA. Since June 2018, it has been affiliated with the Temple University Collaborative on Community Inclusion.)