

At the Recovery Center you will find...

- ◆ Safe Space
- ◆ Positive & Encouraging Atmosphere
- ◆ Computers, Library, Meditation Room
- ◆ Volunteer Opportunities
- ◆ Social Events, Music Room, Ping-Pong, Art Activities

Groups and Activities are always changing. Some examples are:

- ◆ ACOA
- ◆ Dharma
- ◆ Codependence Revisited
- ◆ Veterans Support
- ◆ Big Book Meeting
- ◆ Art Classes
- ◆ Double Winners AA / Al-Anon
- ◆ HIV and HCV Testing; Narcan Training
1st Tuesday of every month
- ◆ 12 and 12
- ◆ Self Care/Stress Management
- ◆ NA
- ◆ Family Support Group
- ◆ Smart Recovery
- ◆ Yoga and Meditation
- ◆ Check-in
- ◆ Gamblers Anonymous
- ◆ LGBTQIA+
- ◆ And Much More

Community Meetings

Every Tuesday at 1 PM

Hours of Operation

| | |
|-----------|----------------|
| Monday | 8 AM - 8:30 PM |
| Tuesday | 8 AM - 8:30 PM |
| Wednesday | 8 AM - 8:30 PM |
| Thursday | 8 AM - 8:30 PM |
| Friday | 8 AM - 8:30 PM |
| Saturday | 8 AM - 4:00 PM |

Meeting space is available, please call for more information.

MA Young People in Recovery (MyPiR)

Peer recovery services specific to young people are also offered at this location.



A NEW WAY PEER RECOVERY CENTER



Supporting all pathways
for 10+ years!

85 Quincy Avenue
Suite B
Quincy, MA 02169
TEL 617-302-3287
FAX 617-481-0324

www.ANewWayRecoveryCtr.org

No referral needed, just come by
the Center for support or for more
information



TTY/TDD users dial 711 for
MassRelay Service (24/7)

What is A New Way

At **A New Way** Recovery Center, we believe healing and recovery happens in community. We know that each individual who walks into the Recovery Center has value. Each individual carries with them a unique story, a story that is filled with a lifetime of lessons learned to teach, and wisdom to share. By sharing our 'lived experience' with one another, we learn we are so much more than our addiction. It is in our stories that we teach, encourage, and learn the lessons of life. **There are many pathways to recovery.** We are here to support one another along the path as we journey towards living a healthy, productive, and full life.

At **A New Way**, recovery starts with us.

Who are we...

We are the friends, family members and allies, who suffer along with those affected by addiction.

We are here for hope.
We are here for change.

Recovery Coaching

Recovery coaches serve as a personal guide and mentor for people seeking or already in recovery.

Core Values

Keep Recovery First

- ◆ Focus on recovery and supporting one another.

Cultural Diversity and Inclusion

- ◆ The Center honors all paths to recovery and welcomes all people in recovery.

Participatory Process

- ◆ The recovery community actively develops the culture, activities and focus of the Center. The recovery community will develop a strong, independent identity to support one another.

Peers Helping Peers

- ◆ Peer support may include:
 - ◆ Social
 - ◆ Emotional
 - ◆ Information
 - ◆ Affiliation - a safe place to belong
 - ◆ Resources

Leadership Development

- ◆ Provide opportunities for peers to take a leadership position.

Community Meeting

Come to our next Community Meeting and have your voice heard!

Recovery is all about making new choices and creating new relationships. At the Recovery Center, the people who come to the Center are significantly involved in the programs, policies, decisions, and overall vibe. Our logo was designed by a peer and voted on by the community—in fact, even our name **A New Way**, came from the community!

Community Meetings are held every Tuesday at 1 PM.

For more information,
please contact:



Recovery Center
617-302-3287